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Leadership Academy Launch

Students from across Worcestershire came together at Worcester Racecourse, on Friday 22nd October, for the annual Worcestershire Leadership Academy Launch.

Each College, High and Middle School from across the county were invited to bring their gifted and talented young leaders to the Launch, where they would receive training and guidance on how to develop their leadership

skills. The Launch began with an introduction from Jen Wilks, Leadership and Volunteering Officer for the County Sports Partnership. She was followed by David Moorcroft, who spoke about his experiences as an Olympic athlete, broadcaster and his new role as Chair of the West Midlands Leadership Group for the 2012 Games, highlighting a range of opportunities available

within the region.



The students then rotated round 4 workshops: multi-skills, yoUR Sport (practical and theory) and time management.

During lunch, National Governing Body officers from football, netball, golf

and rugby guided the students about how to access additional training and funding opportunities. At the end of the Launch, all of the students filled in a 'pledge' card stating what they wanted to achieve, as a member of the Leadership Academy, by the end of the year.



Gifted and Talented day

On September 17th, the University of Worcester gave a selected group of gifted and talented students the opportunity to experience some additional seminars in Sports Psychology and Performance Analysis.

The students discussed the mental effects on athletes as well as seeing the high technological software available to analyse sporting performance.

In the afternoon, the students were welcomed to try Sepak Takraw, Ultimate Frisbee and Wheelchair basketball. Many of the students had never tried these sports and were keen to put their sporting confidence to the test.



Give it a Go!

On Friday 12th November, 8 pupils (4 boys and 4 girls) from each High School were invited to attend a 'Give it a Go' Festival.

The pupils were selected because they don't currently participate in any school clubs or teams. The Festival aimed to introduce the pupils to new or alternative sports/activities that they might enjoy and encourage them to increase their participation in PE and sport.



During the Festival, pupils rotated round activities, spending 45 minutes on each. The pupils had 'taster' sessions in cycling, dodgeball and karate, as well as using the Partnership's new dance mats.



SSP Cross Country

On Friday 12th and Friday 19th November, the Wyre Forest School Sport Partnership's annual Cross Country events took place.

21 schools entered the KS2 event, held at St Anne's Primary School. Bewdley won the Y5 boys, Hagley won the Y5 girls, St Anne's won the Y6 boys and Franche won the Y6 girls team events. When the points, for all runners, were added together, Hagley Primary School came out as overall winners of the competition. The top 6 runners from each race will now go on to represent the Wyre Forest in

the District round of the competition that will be held on 28th January at Top Barn Outdoor Centre.

The following week, KS3/4 pupils competed in the Wyre Forest.

Races took place for girls and boys in Y7, Y8/9 and Y10/11. The scores from each race were added together (schools needed 6 runners to finish to qualify) to determine the winning school. Hagley RC High School won the girls team event and The Bewdley School won the boys team event. The Bewdley School also won the overall team event.

The top 8 runners in each race will now go on to represent the Wyre Forest in the District round of the competition.



Wyre Forest School Sport Partnership Newsletter



Autumn 2010

Government axes School Sport Partnerships!

The Department for Education has announced that it is no longer providing full, ring-fenced funding for School Sport Partnerships (SSPs).

This is devastating for young people and the army of dedicated, passionate and committed people throughout the country that have delivered change for young people in recent years.

SSP's have boosted physical education and sport over the last 10 years and, those involved in SSPs, believe this decision will have a negative and lasting impact on the

delivery of PE and school sport for young people.

From August 2011, funding for the country's 450 SSPs will be drastically cut. These SSPs have provided millions of hours of coaching, created thousands of new links between schools and clubs and introduced over a million more young people to competitive sport.

It also threatens to derail the excellent work that has led to the number of pupils accessing at least two hours of PE per week rising from 25% of pupils in 2002 to 90%

in 2009.

The cuts are hard enough to understand given the transformational change that has been created and the incredible results SSPs have delivered. However, just 20 months before the start of the London 2012 Olympics and Paralympics, Lord Coe's pledge to use the 2012 Games to transform sporting opportunities for young people is in danger of being lost.

The whole SSP network is committed to ensuring that young people are provided

with opportunities to engage in an activity that they can pursue throughout their lifetime. This investment in young people's wellbeing, as well as their sporting prowess, is essential to a healthy nation and a vibrant economy.

THE GOVERNMENT'S OLYMPIC LEGACY FOR OUR CHILDREN?



SAVE SCHOOL SPORT

Please feel free to contact us, with your thoughts and feelings on this decision.

Young Ambassadors are go!

Key dates:

- 18th January: KS2 Climbing Festival
- 25th January: Celebration of Inclusive Sport
- 18th February: HoD Day 2
- 4th March: PLT Module 2
- 19th March: Lads and Dads 'Kick Off'
- 5th April: Fixtures meeting

On Monday 4th October, Josh Harrison and Brittany Keenan (Stourport High School) and Luke Mundie (The Bewdley School) attended the West Midlands Young Ambassador Conference at Villa Park.

Josh and Brittany, Gold Ambassadors for the School Sport Partnership, and Luke, one of two Platinum Ambassadors, were given training on how to raise awareness of the Olympic/

Paralympic Games and get more young people involved in PE and sport.

Throughout the day, the Young Ambassadors worked in groups, each mentored by an Olympic/ Paralympic athlete. They learnt about the role and responsibilities of a Young Ambassador and had inspirational talks from members of the National Steering Group who shared some of their achievements

and experiences.

Josh and Brittany have since delivered a staff briefing at their own school and plan to do work with local Primary School pupils. Luke, along with Helen Watson, has delivered training to Young Leaders in the other Wyre Forest High Schools.



Tag Rugby Festival

Over 100 pupils from St John's, Sutton Park, Foley Park, Franche and Birchen Coppice Primary Schools took part in a Tag Rugby Festival at Kidderminster Carolians rugby ground on Thursday 4th November.

Each school was invited to bring a whole class to take part in the Festival. On arrival, the pupils were split into 6, mixed school, teams, which represented

the 6 nations—England, Wales, Scotland, Ireland, Italy and France.



Prior to the Festival, Tony Bevan from Kidderminster Carolians RFC, had visited schools delivering 4-6 weeks worth of Tag Rugby coaching. At the end of the



coaching sessions, all of the pupils took part in an intra-school competition, where they played, competitively, against each other.

This delivery helped the pupils develop and refine their skills in preparation for the Festival.

Each team played each other during the Festival, which was supported by representatives from Kidderminster Carolians, who refereed and helped organise games.



Leadership @ Baxter College

On 1st October, pupils from Baxter College received training to help them become Young Rugby Leaders and Junior Football Organisers.

Both 'courses' took place at Baxter College and were a mixture of practical and theory delivery.

The pupils were taught how to lead warm ups and cool downs, how to deliver simple drills and skill practices, as well as how to organise, run and referee small games, in preparation for the Festivals taking place this term.

High School Swimming

This term, a group of pupils from Baxter College have accessed additional weekly swimming sessions at Stourport Leisure Centre.

The KS3 pupils, who prior to the sessions were unable to swim confidently, accessed 6 weeks of delivery, after school on a

Thursday, funded through the School Sport Partnership.

The pupils, who have joined with pupils from Stourport High School, will continue their delivery after the Christmas break, meaning they will have received 12 sessions in total.

Year 2 Multi-skills Festivals

On Friday 8th October, over 130 Year 2 pupils from St John's, Franche, Sutton Park, Foley Park and Birchen Coppice Primary Schools took part in a Multi-skills Festival at Baxter College.

Each school brought a whole class of Year 2 pupils to the Festival, that was held in Baxter College's Sports Hall. The Festival

was split into two sessions, one taking place in the morning, with 3 schools attending, the other in the afternoon, with 2 schools present.



The pupils were split into 8



groups so that they were working with children from other schools. They had the opportunity to rotate around 4 activities, all encompassing fundamental skills such as; throwing and catching, dodging and movement skills.

All the activity stations were led by Young Leaders from Baxter College. At the end of both sessions the pupils had the opportunity to have a game of Benchball, refereed by the Young Leaders.



Coming up in the Spring term...

- Feb 11th: Y1 Gym Festival
- April 1st: Y5 High5 Netball
- Intra-rowing and Intra-OAA Festivals

Freddy Fit

This term, pupils at St John's Primary School have taken part in 'Freddy Fit' workshops—a project which provides health and fitness workshops for pupils from Reception to Y6.

Freddy Fit delivered fun, high energy workshops, which enabled whole class participation and included aerobic exercises, strength training and team building activities.

The workshops were all accompanied by modern, high-tempo music. This, along with competitive

challenges, enthused and motivated children throughout their sessions.

In order to develop and sustain the project, Freddy Fit deliverers also trained young leaders so that they are able to organise and run activities, for younger pupils, themselves.

All of the pupils and staff at the staff had a fantastic time and can't wait for Freddy Fit to come back to deliver some intra-school competitions.

Blakebrook School

This term, pupils from Blakebrook School have accessed a range of Sensory Festivals across the county.

7 less ambulant pupils from across the Primary phase attended a Festival at Fort Royal School, whilst 7 other pupils attended a Festival at Chads Grove School.

As well as thoroughly enjoying both events, they also provided pupils with

new physical opportunities and helped them meet their planned targets.

Chris Hargreaves from the Rugby Football Union has also been working with Upper Primary pupils this term, delivering rugby coaching.

All of the sessions have been a great success and all of the pupils are making noticeable progress.

Cross Country success

The annual district cross-country took place at the Wyre Forest on Friday 19th November 2010. Baxter College had a team of runners from years 7 to 10. All of the students did exceptionally well, with outstanding performances from William Richardson (Y8) who won the Year 8/9

boys race, with Luke Maxwell (Y9) finishing 3rd. William was then matched by his older sister, Annie Richardson (Y10) who won the Year 10/11 girls race. All three runners will now go on to represent the Wyre Forest at the County event.

Wyre Forest District Council—Sports Development activities

The District Council's Sports Development Team organises a busy programme of activities throughout the year.

Free Family Fitness Sessions: great for all the family regardless of age or ability.

Keep on Running: the Wyre Forest Running Club meets at the Watermill car park, near Brintons Park every Thursday evening at 5.30pm for an hour. Any level of runner is welcome, just turn up and have some fun!

New Dance Club: children and

young people will be able to learn fun dance moves and routines to the latest chart music in a safe and welcoming environment.

Sport for All: sign up for multi-sports and swimming sessions for people with disabilities. Sessions take place at The Glades Leisure Centre on Thursday and Friday mornings.

Passport to Leisure: 50% discount on activities across all 3 leisure centres in the Wyre Forest for anyone who meets

certain criteria, such as receiving council tax benefit, disabled, student, foster carers, looked after children.

Swim Bus: the Swim Bus runs every Saturday (except Christmas and New Year) between 11.00am-1.00pm. It is a FREE service for adults and children living in Oldington and Foley Park, Broadwaters, Greenhill, Comberton or the Horsefair.

Free Swimming: it's Free Swimming at Wyre Forest Glades Leisure Centre and

Stourport Sports Centre for u16s living in the Wyre Forest. Sessions run from Monday to Friday, 12 noon -2.00pm, during the school holidays. You must be pre-registered and bring your card each time you swim. All under 8's must be supervised by an adult.

For more information on any of these activities, please contact the Sports Development Team:

Gill Edwards: 01562 732917
Dale Evans: 01562 732974